



**Kejimikujik Seaside**  
National Park

## Your Seaside Visit

**At Kejimikujik Seaside**, you can experience the ocean everywhere – salt spray from the surf pounding on immovable granite rocks, seals basking just offshore, white sand showing through crystal clear turquoise water, trees gnarled by the salty wind, and the dance of shorebirds in the surf. As you wind your way along our hiking trails, you may notice the coastal forest embroidered with wisps of lichen or hear the chorus of gulls as they hover and glide along the ever-changing winds – the sights and sounds will be endless as you discover one of Canada's natural treasures.



Antoine Bergévin-Richer

**FOR MORE INFORMATION AND TO REPORT WILDLIFE SIGHTINGS:**

Kejimikujik Visitor Centre: (902) 682-2772  
[www.parkscanada.gc.ca/keji](http://www.parkscanada.gc.ca/keji)  
[kejimikujik.info@pc.gc.ca](mailto:kejimikujik.info@pc.gc.ca)



Parks Canada / S. Munn

### Did you know?

An estuary is a semi-enclosed coastal body of water, connected with the open sea, where saltwater mixes with freshwater. This is where fish, birds, and animals of all kinds come to feed, find shelter, grow to adulthood, and prepare for migration. Kejimikujik Seaside protects two estuaries separated from the Atlantic Ocean by complex beach dune systems. Teeming with marine life, the estuary has been the focus of a recent restoration project aimed at reducing the impacts of an invasive species, the European Green Crab.

**Respect the Seaside! To ensure you have a safe and enjoyable visit, please remember the following points:**

- Swimming is not recommended due to cold waters, dangerous currents, and strong undertows.
- Dogs are required to be on a leash at all times.
- Cleaning up after your dog is required.
- Stay on designated trails and view wildlife from a distance.
- Do not enter closed areas.
- Bicycles are not allowed on the Seaside trails.
- Hikers should use caution on rocky headlands.
- Do not approach seals on the beach.



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# Seaside Day-Use Map

## How to get there

Allow 90 minutes to drive from the inland part of Kejimikujik

- Follow Hwy 8 to Liverpool
- Drive west on Hwy 103 for 24 km
- Take Exit 22 and follow Hwy 3 for 2 km to St. Catherine's River Road
- Follow St. Catherine's River Road 6.5 km to the park entrance

## Harbour Rocks Trail —

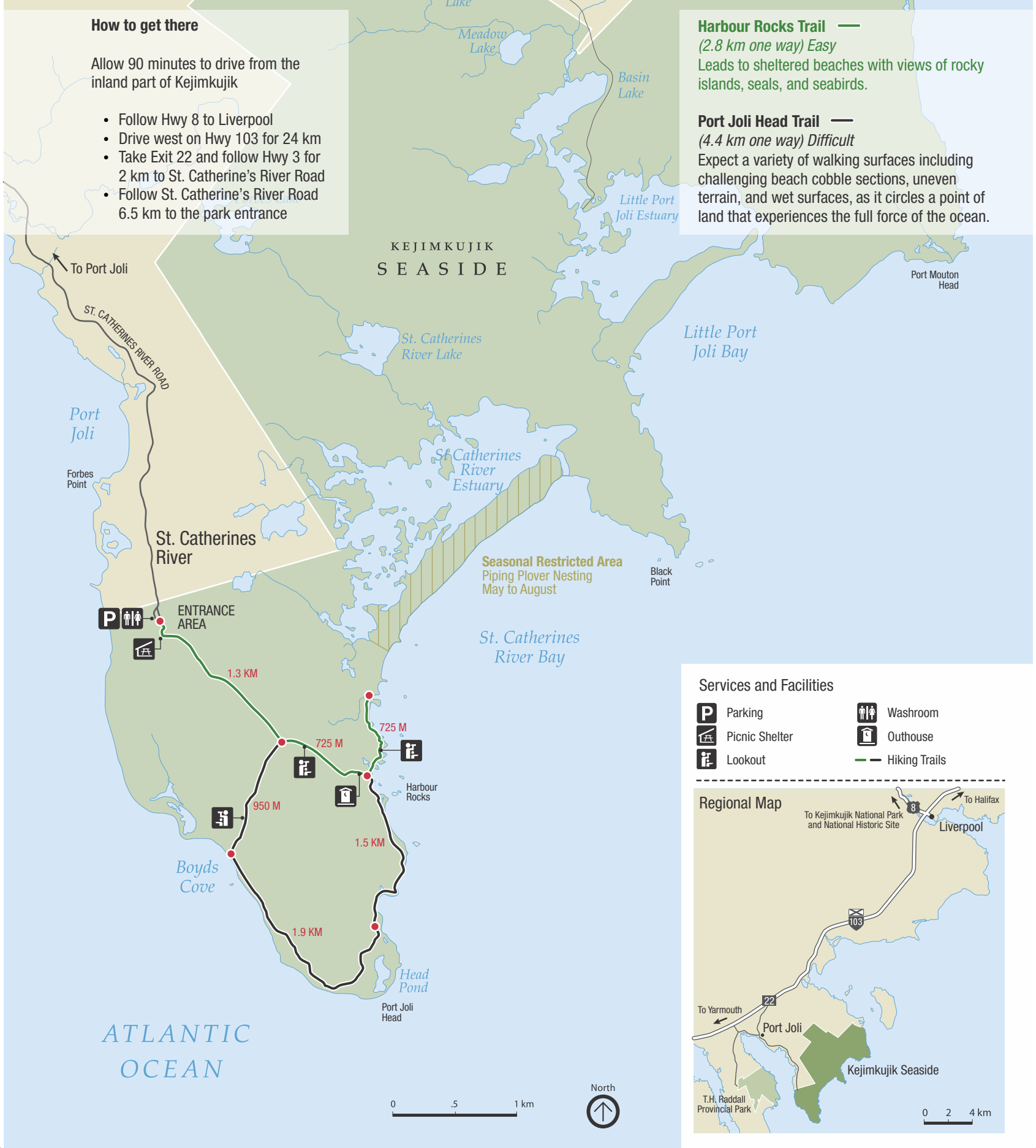
(2.8 km one way) Easy

Leads to sheltered beaches with views of rocky islands, seals, and seabirds.

## Port Joli Head Trail —

(4.4 km one way) Difficult

Expect a variety of walking surfaces including challenging beach cobble sections, uneven terrain, and wet surfaces, as it circles a point of land that experiences the full force of the ocean.



## Services and Facilities

- |                |               |
|----------------|---------------|
| Parking        | Washroom      |
| Picnic Shelter | Outhouse      |
| Lookout        | Hiking Trails |

## Regional Map

