**Winter Trails in the Banff Area**

**Trail Etiquette**

In Banff National Park, we share the trail.

- Be courteous and friendly.
- Watch your step, offer assistance when necessary.
- Leave no trace.
- Keep dogs on leash and under control at all times.
- Stay on the trail at all times.
- Be prepared for changing weather conditions.

**How to Use This Guide**

- List of trails and trail information.
- Trail descriptions and maps.
- Safety tips and information.

**Winter Safety**

Safety is your responsibility. There are always hazards in winter and it is up to you to decide if a trail is suitable for your skills and preparedness. Always check the forecast and conditions before heading out. Be prepared for changing weather conditions and stay safe on the trails.

**Environmental Considerations**

- Keep pets on leash at all times.
- Use biodegradable products for food and toiletries.
- Pack out all trash.
- Respect wildlife and natural habitats.

**Trail Descriptions**

- **Tunnel Mountain Winter Trails**
  - **Tunnel Mountain Beach**
  - **Meadow Loop**

- **Rimrock Resort Hiking Trails**
  - **Spray River West Trail**
  - **Cascade Valley**
  - **Stewart Canyon**

- **Ink Pots via Moose Meadows**
  - **Castle Junction**
  - **Great Creek and Spray River**

- **Winter Cross-Country Skiing Trails**
  - **Canyon Loop**
  - **North Shore Loop**
  - **Kicking Horse Loop**

- **Winter Fat Biking Trails**
  - **Fat Bike Trail Network**

- **Roam Public Transit**

**Safety Tips**

- Wear a helmet and appropriate clothing.
- Be familiar with basic first aid.
- Know your limits and choose trails that are suitable for your skill level.
- Carry essential safety equipment.

**Additional Information**

- **Park Information**
  - **Visitor Information Centre**
  - **Mountain Safety Information**

- **Contact Information**
  - **Banff National Park Visitor Centre**
  - **Banff National Park Kiosk**

**For More Information**

- Visit the Parks Canada website for additional resources and information.