Welcome. Whether you would like to explore the Spray River trails by foot, ski, snowshoe or fat bike, this guide lists the recommended trails for each activity.

The colour of the trail shows the activities recommended for it, based on the type of trail and how it is groomed.

Cross country ski
Snowshoe / Fat bike
Snowshoe / Winter hike / Fat bike / Cross country ski

The trail marker shows difficulty—a green circle is easy and a blue square is moderate.

EASY MODERATE

In Banff National Park, we share the trail:

- The track set portion of the trail is for classic skiing only. The flat groomed lane is for other users.
- Walk and fat bike only on hard-packed trails to prevent ruts. If your feet or tires sink deeper than 2.5 cm (1 inch) conditions are too soft. Come back when it's colder or the snow is older!
- When climbing, please yield the right of way to descending skiers and fat bikers.
- If you fall, move off the track as quickly as possible.
- When taking a break, step to the side, leaving room for others to pass.
- Leave no trace. Pack out everything you pack in.

Looking for more winter trails available in the Banff area? Want some information about safety and wildlife? Pick up our winter guide at a Parks Canada Visitor Centre or go to:

pc.gc.ca/banff-winter

Également offert en français
Spray River East Trail
5.7 km one way from Spray River Bridge to Spray River East Trailhead (Golf Course Road)

Spray River West Trail
5.6 km one way from Spray River West Trailhead to Spray River Bridge

Goat Creek and Spray River Trail
19 km one way

Fat bikers yield to all users
Snowshoers and winter hikers yield to skiers
Skiers yield to descending skiers

No Dogs Allowed
Avalanche Hazard
Skiers only

Classic Skiing
Skate Skiing
Winter Hiking
Snowshoeing
Fat Biking
Parking
Viewpoint

Bridge
Picnic Area
Backcountry Camping
Picnic Shelter
Avalanche Hazard