The Rocky Mountain Legacy Trail spans a distance of 26.8 kms from west wildlife gate at junction of the Bow Valley Parkway to the eco-counter in the Town of Canmore. This includes 22.3 kms of trail within Banff National Park boundaries. The Cascade Ponds day-use area, the Town of Banff and the Travel Alberta Visitor information Centre in Canmore are the recommended starting points.

**LEGEND**

- **Parking**: P
- **Visitor Centre**: ?
- **Viewpoint**: ✡
- **Day-Use Area**: 🏕️
- **Gondola**: ⛰
- **Hot Springs**: 🛀️
- **Campground**: 🛍️
- **Wildlife Gate**: 🦊
- **Rocky Mountain Legacy Trail**:  —
- **Route on Roads**:  —
- **Trans-Canada Highway**:  —
- **Staging Points**: ★